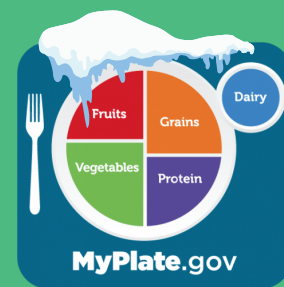





ROSEMEAD SCHOOL DISTRICT


December

Elementary Breakfast and Lunch





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Pizza Bagel Kickin' Nuggets, Tater Tots, and Chocolate Chip Cookie 	2 Assorted Concha Carne Asada Nachos, Guacamole, and Pico de Gallo	3 Mini Pancake Sausage Bites Beef Pasta Bolognese, Garlic Knot, and Garlicky Broccoli 	4 Bagel with Cream Cheese Chicken & Vegetable Dumplings, Sesame Ginger Salad, and Fortune Cookie 	5 Egg, Sausage & Cheese Tornado Sticky Chicken Meatballs, Brown Rice, and Soy Cucumber Salad 
8 Breakfast Apple Mini Bites Boneless Chicken Wings, Mashed Potato & Gravy, Steamed Corn, and Dinner Roll 	9 Colby Cheese Omelet with Toast Crunchy Beef Taco, Spanish Rice, Elote Salad, and Refried Beans 	10 Freshly Baked Cinnamon Rolls 	11 Ham & Cheese Croissant Mandarin Orange Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie 	12 Double Chocolate Chip Muffin Pepperoni or Cheese Pizza with Kale Caesar Salad 
15 Pancake Bites with Maple Syrup Chicken Nuggets, Cross Trax Fries, and Chocolate Chip Cookie	16 Scrambled Eggs, Turkey Bacon, and Toast Grassfed Beef Hot Dog on a Bun with Three Bean Chili	17 UBR Oatmeal Chocolate Chip Breaded Chicken Drumsticks, Mashed Potatoes with Gravy, and Garlic Knot 	18 Strawberry Mini Bagels Spaghetti & Meatballs, Garlic Breadsticks, and Garlicky Broccoli 	19 Freshly Baked Blueberry Lemon Scones 
22	23	24	25 	26
29	30	31 	1 	2


All children enrolled at Rosemead School District are provided breakfast and lunch at no cost!


Available Daily:
8 oz 1% White Milk
8 oz. Nonfat Chocolate Milk
Assorted Fresh Fruit & Vegetables

Monday: Grilled Cheese Sandwich
Tuesday: Bean & Cheese Burrito
Wednesday: Cheese Pull Apart
Thursday: Cheese Calzone
Friday: Turkey Club Sandwich

 Freshly Prepared
 Plant-Based



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Menu is subject to change without prior notice.
This institution is an equal opportunity provider.